



## Help supplement your health coverage with accident insurance.

Receive benefit payments directly and use the funds however you wish.

**Accident insurance can supplement your medical coverage**—and pays regardless of what your medical plan may or may not cover. It's coverage that provides you with a lump-sum benefit payment (one convenient payment all at once) for a covered event when your family may need it most. The payment you receive is yours to spend however you like. It pays if you have tests or receive medical services, treatment or care for one of more than 150 covered events<sup>1</sup> as defined in your group certificate. **This includes hospitalization<sup>2</sup> resulting from an accident, and accidental death or dismemberment.<sup>3</sup>**

**You asked.  
We answered.**

**Why sign up for accident insurance?  
Find out with some FAQs**

### Accident insurance

Coverage that can help with unexpected expenses, irrespective of what may or may not be covered under your medical plan.

### How does the payment work?

**A. We make payments directly to you.**

The amount you receive is paid regardless of any other insurance you might have, and you can spend it however you like. You might use it to help pay for medical plan deductibles and copays, out-of-network care or even for your family's everyday living expenses. Whatever you need while recovering from an accident or injury, accident insurance is there to help make life a little easier.

### Am I eligible to enroll for this coverage?

**A. Yes, you can enroll both yourself and eligible family members.<sup>4</sup>** All you need to do is enroll during your enrollment period and be actively at work.

### I have a good medical plan at work, so why do I need accident insurance?

**A. Accidents can happen anytime, anywhere** and usually when you least expect them. What's more, they can be costly. Even the best medical plans can leave you with extra expenses to pay or services that just aren't covered. Things like plan deductibles, copays, extra costs for out-of-network care or non-covered services. Many people aren't prepared to handle these extra costs, so having this coverage when the time comes may mean less worry for you and your family.

### Can I enroll for this insurance without having a medical exam?

**A. Yes. Your accident coverage**

**is guaranteed,<sup>4</sup>** regardless of your health. You just need to be actively at work to be covered. There are no medical exams to take or health questions to answer, so the whole process might be easier than you first thought.

### How do I pay for my coverage?

**A. It's easy to pay premiums through payroll**

**deductions,** so you don't have to worry about writing a check or missing payments.

## When does my coverage begin?

**A. Right away.** Your coverage starts on the effective date of your coverage. There are no waiting periods for it to begin.

## Can I use the benefit payment on anything I need?

**A. Yes, you can use your benefit payment as you see fit.** Use it to help cover your medical insurance deductibles, copays, household bills and more.

## Is the claims process simple?

**A. Yes.** Once we receive all the information, claims are generally processed within 10 business days.<sup>6</sup> You only need one claim form per accident, and every claim is reviewed by a claims professional.

## Are benefits paid directly to me or my healthcare provider?

**A. Payments will be paid directly to you,** not to the doctors, hospitals or any other healthcare providers. And to make things even easier, the check is made payable to you. There's no need to work it around any other insurance you may have. Benefits are paid no matter what your other insurance plans may cover.

## If my employment status changes, can I take my coverage with me?

**A. Yes. This coverage is portable, meaning you can take it wherever you go.** Your coverage will only end if you stop paying your premium or your employer offers similar coverage with a different insurance carrier.<sup>5</sup>

## Is there a Wellness Benefit included in this plan?

**A. Yes. MetLife's Health Screening Benefit can provide early detection of a serious illness.** This benefit provides a **\$75** annual benefit per calendar year when you see your physician for eligible health screenings or prevention measures.<sup>7</sup>

**Enroll October 27 – November 7, 2025**  
or contact your HR representative to [learn more](#).

**Questions? Call MetLife  
Customer Service.**  
1-800-GET-MET8 (1-800-438-6388)

1. Covered services/treatments must be the result of an accident or sickness as defined in the certificate.
2. The Admission Benefit is not payable for Emergency Room treatment or outpatient treatment. The payment of the admission benefit requires a Confinement. Hospital Confinement requires the assignment to a bed as a resident inpatient in a Hospital (including an Intensive Care Unit of a Hospital) on the advice of a Physician or confinement in an observation area within a Hospital for a period of no less than 20 continuous hours on the advice of a Physician. Please consult your certificate for details.
3. Hospital does not include certain facilities such as nursing homes, convalescent care or extended care facilities. Please consult your certificate for details.
4. Coverage is guaranteed provided (1) the employee is actively at work and (2) dependents to be covered are not subject to medical restrictions as set forth on the enrollment form and in the Certificate. Some states require the insured to have medical coverage. Additional restrictions may apply to dependents serving in the armed forces or living overseas.
5. Eligibility for portability through the Continuation of Insurance with Premium Payment provision may be subject to certain eligibility requirements and limitations. For more information, contact your MetLife representative.
6. Applies only to "clean" claims. A clean claim is a claim submitted with all the required information necessary to process the claim, with no missing information requiring additional follow up with the subscriber. It generally takes 10 business days to process "clean" claims.
7. The Health Screening Benefit may not be available in all states. In some states, the benefit is referred to as the Accident Prevention Screening Benefit.

METLIFE'S ACCIDENT INSURANCE IS A LIMITED BENEFIT GROUP INSURANCE POLICY. The policy is not intended to be a substitute for medical coverage and certain states may require the insured to have medical coverage to enroll for the coverage. The policy or its provisions may vary or be unavailable in some states. There are benefit reductions that begin at age 65, if applicable. Like most group accident and health insurance policies, policies offered by MetLife may include waiting periods and contain certain exclusions, limitations and terms for keeping them in force. For complete details of coverage and availability, please refer to the group policy form GPNP12-AX or contact MetLife.

Benefits are underwritten by Metropolitan Life Insurance Company, New York, NY. Hospital does not include certain facilities such as nursing homes, convalescent care or extended care facilities. See MetLife's Disclosure Statement or Outline of Coverage/Disclosure Document for full details.

